



# FEEL SPA

— MENU —



HYATT REGENCY™

HUA HIN

## TO FEEL IN PARADISE OUR BEST SELLERS

### FEEL REFRESHED – TROPICAL BLISS

90 MINUTES / THB 4,200

Coconut oil is renowned for its healing benefits both inside and outside the body. Using virgin coconut oil, rich in saturated fats and amino acids, helps strengthen the skin's defensive barrier function. This keeps the skin strong, hydrated, and glowing. Immerse yourself in a complete coconut experience with a gentle coconut body scrub, followed by a warm coconut oil massage from scalp to toe. Fresh coconut will be served after the treatment to refresh and hydrate you from the inside. This treatment leaves you relaxed with smooth, shiny skin and hair that smells like a tropical vacation.

### FEEL RELEASED - LOMI LOMI INSPIRED MASSAGE

90 MINUTES / THB 4,200

Lomi Lomi massage is inspired by a traditional Hawaiian technique that utilizes flowing strokes, as well as palm, arm, and elbow massage techniques. Special oil of the Water element is used to relax the body and mind. Smooth strokes improve blood and lymph flow, stimulate toxin release and nourish the skin. This massage also focuses on deep breathing to restore energy and release tension of body and mind.

### FEEL RECHARGED BAMBOO MASSAGE

90 MINUTES / THB 4,200

This ancient massage technique uses nature's strongest grass which delivers a deeply satisfying massage experience. The therapist uses smooth and warm bamboo sticks in different sizes to apply pressure, kneads muscles by rolling them over the muscles in long strokes throughout the entire body. This special massage relaxes the muscles, improves blood circulation, reduces muscle tension, fascia pain, sourness and increases flexibility. Perfect for active people (Golf, Tennis, Kite-Surfer and Runners) or people with chronic pains and stiffness.

## TO FEEL LIKE A BABY - BODY SCRUB

**FEEL RENEWED - BODY EXFOLIATING**  
**60 MINUTES / THB 3,200**

Enjoy the benefits of a full body exfoliating treatments help to remove dead skin cell and impurity. Leave the skin brightening and cleanse.

Selection of;

- Brightening Turmeric & Tamarind Body Scrub
- Healing Aloe Vera & Sea Salt Body Scrub
- Nourishing Coconut & Jasmin Rice Body Scrub
- Stimulating and Firming Coffee Body Scrub



*Price is in Thai Baht, subject to 10% service charge and applicable government tax.*

## TO FEEL SO GOOD MESSAGES

### FEEL IN HEAVEN - DEEP RELAXATION AROMA MASSAGE

60 MINUTES / THB 2,900  
90 MINUTES / THB 3,500  
120 MINUTES / THB 4,000

This classic aromatic oil light pressure massage uses special aroma essence with unique healing properties in combination with therapeutic massage technique to promote relaxation and overall well-being. This massage is recommended to letting go negative energy and tension in the body and promotes better sleep!

### FEEL REFRESHED - SWEDISH MASSAGE

60 MINUTES / THB 2,900  
90 MINUTES / THB 3,500  
120 MINUTES / THB 4,000

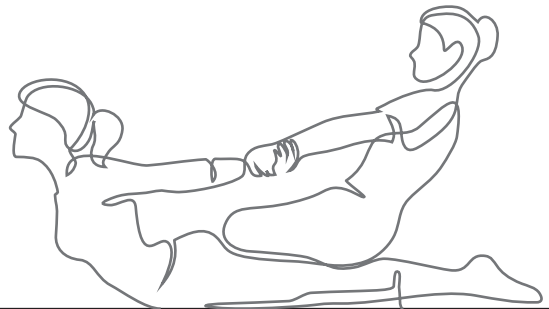
This effective massage restores circulation and helps to eliminate physical tension, working on a deeper tissue level while incorporating a medium to firm massage technique to increase energy flow and promoting blood circulation. It works against tiredness and sluggishness.

### FEEL MOBILE - TRADITIONAL THAI MASSAGE

60 MINUTES / THB 2,900  
90 MINUTES / THB 3,500  
120 MINUTES / THB 4,000

Traditional Thai acupressure administers pressure to specific points along the body's meridian lines together with passive stretching technique in order to release muscle tension and clear energy blockages to promote the free flow of energy and improves joint mobility within the body.

*Prices are in Thai Baht, subject to 10% service charge  
and applicable government tax.*





## TO FEEL SO GOOD MESSAGES

### FEEL RELEASED – SCALP, NECK & ARM & HAND MASSAGE

60 MINUTE / THB 2,900

This health-improving Energy massage combines Thai acupressure and Traditional Chinese medicine reflexology on Hands, Arms, Neck and Head.

The stimulation of such points alleviates symptoms such as headaches, neck pain, stress, and digestive issues and improves wrist and finger mobility.

### FEEL RENEWED – JET-LAG FOOT & LEG MASSAGE

60 MINUTE / THB 2,900

This specific Foot Massage is in fact a combination of Massage and Reflexology and is about using massage to open up the energy channels, stimulate the flow of vital life energy, and it incorporates pressing on acupressure points. It works on a deeper level and stimulates organs, muscles, fascia and ligaments. Thai Foot Massage and Reflexology is a blend of both ancient Indian (Ayurveda) and Chinese (Traditional Chinese Medicine) concepts and techniques and helps improve blood circulation, digestion, detoxification, better sleep and improves mobility & range of motion. Ideal after long-distance-flights.

### FEEL REGENERATED - SPORTS MASSAGE

60 MINUTES / THB 3,200

90 MINUTES / THB 3,800

Intense and powerful strokes as well as trigger point pressure techniques are used to ease tight muscles. The application of slow, intense strokes across the grain of the muscles and a powerful, herbal oil work to penetrate deeply into the body to ease tight muscles. This massage increases blood circulation and energizes the entire body. Recommended during day time and created especially for active people.

## TO FEEL GORGEOUS FACIAL

### FEEL SO SOOTH - FACE RETREAT

60 MINUTES / THB 3,600

A revitalizing, dynamic treatment that delivers an immediate glow, deep hydration, and renewed vitality. Featuring a powerful blend of Lactic Acid for instant rejuvenation and radiance, Hyaluronic Acid for intense moisture, and bioactive Prickly Pear extract from Regenerative Agriculture, this facial enhances luminosity for a fresh, dewy and healthy appearance.

### FEEL RENEWED - PURIFYING FACIAL

60 MINUTES / THB 3,600

A deep cleansing facial characterized by an innovative, mattifying peel-off Spirulina Algae mask and a massage inspired by the ancient techniques of Ayurvedic medicine. Intense and delicate at the same time, it purifies and balances the skin, leaving it fresh and toned. Ideal for all skin conditions, including skins that are sensitive, dehydrated and mature. Particularly effective on impure, oily, scarred and acne-prone skins.

### FEEL GLOWING - ACTIVATING AND FIRMING FACIAL

60 MINUTES / THB 4,800

A lifting and natural filler-effect facial treatment, created through the combination of a rejuvenating peel-off mask and uplifting techniques, designed to restore volume and firmness to the skin.



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## TO FEEL PAMPERED MOMMY

(4<sup>th</sup> - 8<sup>th</sup> month of pregnancy)

### FEEL LIKE A NEWBORN - SOOTHING MASSAGE

60 MINUTES / THB 2,900

90 MINUTES / THB 3,500

A soothing massage designed to alleviate muscle tension and promote relaxation for both mother and baby. You can tailor your treatment according to your needs and add a foot, leg and head massage to increase an overall relaxing effect.



## TO FEEL LIKE A GROWN UP KIDS

*Special menu for 6-12 years old.  
Junior must be accompanied by a parent, who will be required to sign a consent form.*

### FEEL SO BEAUTIFUL - BALANCING FACIAL

30 MINUTES / THB 1,500

It is never too early to begin with a good skincare routine. An age-appropriate facial designed to introduce the basics of skincare. The treatment begins with cleansing and toning, followed by a gentle mask and face massage.

### FEEL IN WONDERLAND - JOJOBA OIL MASSAGE

60 MINUTES / THB 1,800

A fun, full Body Oil Massage for active juniors to relieve tiredness and enhance relaxation.

# HOW TO SPA

## SPA HOURS

Spa is open from 10:00 AM to 9.00 PM daily.

## SPA RESERVATIONS

To make your reservation at Hyatt Spa please dial extension 5994 within the hotel. From outside the hotel, please call +66 3251 1234 or e-mail: [thebarai.hrhuahin@hyatt.com](mailto:thebarai.hrhuahin@hyatt.com).

## PRE-ARRIVAL INFORMATION

We encourage you to arrive at least 15 minutes prior to your appointment time to allow us to complete the check-in and familiarize you with our facilities.

Arriving late for your spa treatment will decrease your treatment time as all appointments will end on time and be charged in full regardless of time of arrival.

## CANCELLATION POLICY

Should you need to change or cancel an appointment, three hours' notice is required; appointments can be rescheduled subject to availability. For cancellations with less than three hours' notice and no-shows, a 100% cancellation fee will apply.

## SPA ATTIRE

We will provide a locker, robe, undergarments and sandals for your comfort. The management accepts no responsibility for the loss of money or valuables of any kind brought onto spa

## SPA PROTOCOL

For your comfort, we ask that you shower prior to any spa treatments and before using any water amenities immediately following a massage.

Please allow enough time to cool down after using the steam, sauna or bath.

## SERVICE CHARGE AND TAXES

A 10% service charge and 7% VAT will be added to your bill.